



INSPIRING ACTIVITY

TITLE: I LOVE THAT YOU!

DURATION: 20-30 MINUTES (DEPENDING ON TEAM SIZE)

PURPOSE: To champion the work of others by supporting and motivating people through positive feedback

PREPARATION: You will need paper or Post it Notes and pens for the group

STEPS:

1. Ask the team to think about each of their colleagues and consider one thing that they believe the person has done really well in the past year.....Explain that it can be a task, a project or a behaviour they have demonstrated
2. On a Post it note or piece of paper, write a single colleague's name and the thing they did well (i.e. Sarah, you did xxx brilliantly in July or Jon, I always see you being positive and supportive of xyz)
3. Continue writing notes until they have a piece of paper for everyone
4. Get the team to distribute their notes to the person

SUGGESTED FOLLOW UP ACTIVITIES:

You could choose to broaden the feedback beyond the immediate team by asking them to identify 'We love that you.....' for the work of other teams they collaborate with outside of the faculty or service.

This feedback could be shared with the other teams to help foster positivity, feedback and relationships

INSPIRING



Enthusiastic,
Encouraging,
Life-long Learners

"We will provide an inspiring, enterprising and empowering experience for our students and staff"

WHAT ROLE MODELS DO:

- **Enthusiastic** - Bring pride to the work we do, championing the work of others & our University.
- **Encouraging** - Motivate & support others through meaningful feedback.
- **Life-long Learners** - Continually seek opportunities to develop & share learning with others.

LEADERS ALSO:

- **Enthusiastic** - Bring clarity on the vision/purpose of the University & translate that message so teams understand their contribution.
- **Encouraging** - Trust & empower others to grow, giving praise and constructive feedback.
- **Life-Long Learners** - Support others to develop, working with them to seek opportunities to learn.

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