



EXCELLENT

ACTIVITY

TITLE: DEVELOPING A GROWTH MINDSET: THE POWER OF YET!

DURATION: approx.25 - 60 mins total

15 mins to complete individual poster

10 mins to share in pairs

(optional) extra 5 mins per pair to share with group

PURPOSE:

Growth mindset is the belief that you can **improve your abilities** and talents with effort and persistence, not just talent or luck

A growth mindset encourages continuous learning, resilience, and adaptability. When faced with challenges and change, teams with a growth mindset view them as opportunities for growth.

PREPARATION:

- Have a copy of the 'Power of Yet' [poster](#) for each team member
- Whiteboard/flipchart to share team-wide answers or pre-prepared whiteboard on Teams

STEPS:

1. Give each team member a poster handout
2. Ask individuals to complete something they aren't 'yet' for each statement
3. Ask the team to pair up (or create breakouts) and share their answers and reasons with each other

Optional steps:

4. Ask each pair to share one or two 'YET's with the group
5. Capture the things that are common and discuss how the team might get excellent at some of them

SUGGESTED FOLLOW UP ACTIVITIES:

- Identify one thing the team could become excellent at and create a plan to achieve it
- Use next 1:1s or appraisals to discuss with each team member their 'YET's

EXCELLENT



When we live the values*

"We strive for EXCELLENCE in all that we do in teaching, learning, research and knowledge exchange, as well as in the services we provide to students and to each other.

To enable us to be excellent, we seek to act in ways that are INCLUSIVE, INSPIRING, INNOVATIVE & COLLABORATIVE.

WHAT ROLE MODELS DO:

- Agree what Excellent looks like in their role & set objectives to deliver on those ambitions
- Understand and role model the other four values to perform to the best of their ability